



# Covid19 Procedures & Practice

# What is Covid19

## Novel coronavirus

Coronaviruses are viruses that circulate among animals but some of them are also known to affect humans.

The 2019 novel coronavirus was identified in China at the end of 2019 and is a new strain that has not previously been seen in humans.

## Symptoms

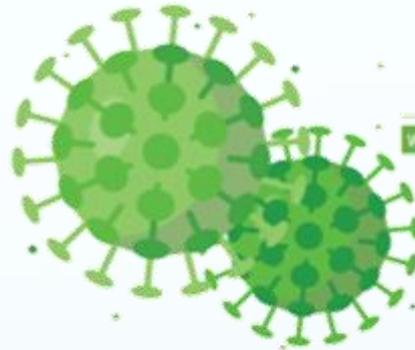
FEVER

COUGH

DIFFICULTY BREATHING

MUSCLE PAIN

TIREDDNESS



## Prevention

When visiting affected areas

Avoid contact with sick people



Wash your hands with soap and water



If you develop cough, use a medical face mask



Wherever you travel apply general hygiene rules

## Transmission

VIA RESPIRATORY DROPLETS

2-14 days  
estimated incubation period

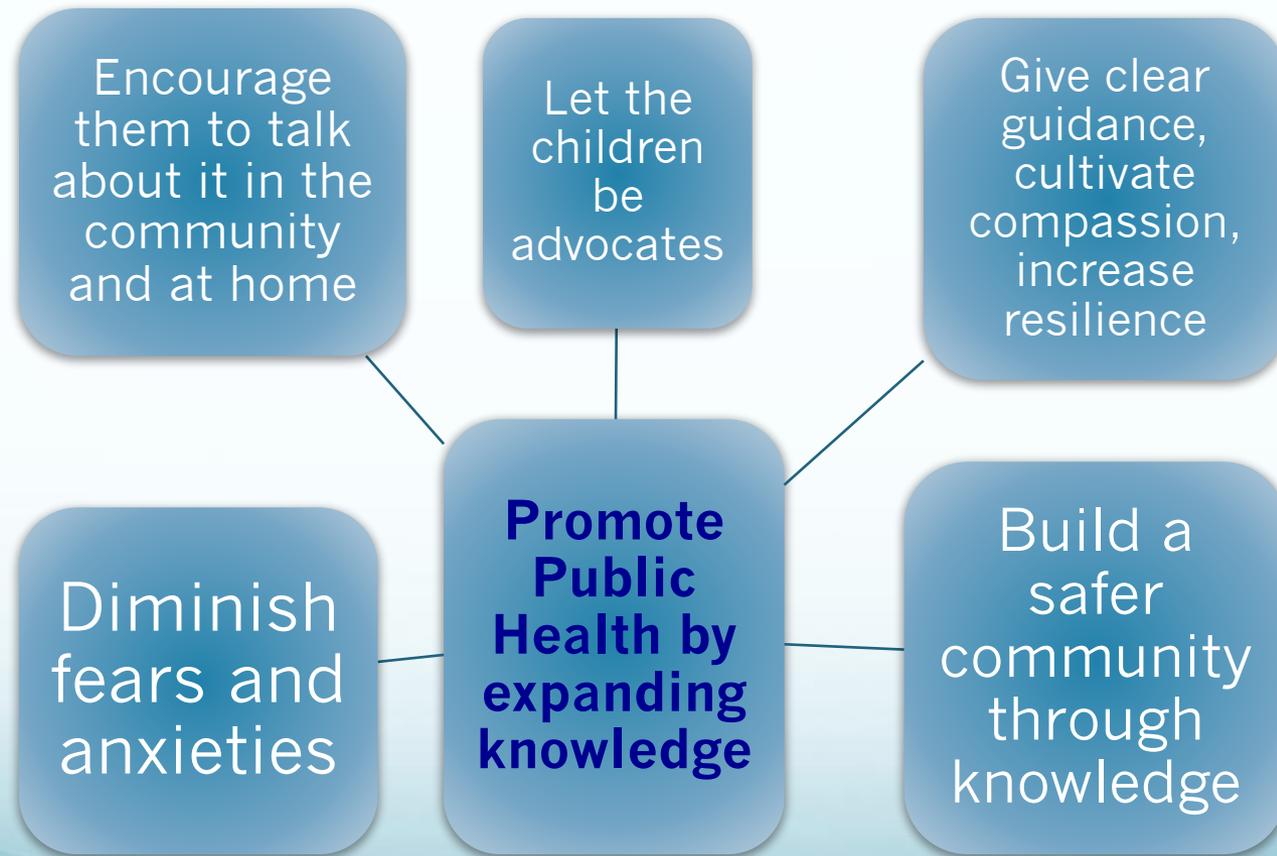


# How can we protect the children?



# Why send your child to nursery?

Our children are the next generation of caregivers, scientists, and doctors. This situation presents an opportunity to develop these skills and educate them from a young age



# Address Mental Health/Psychosocial support needs

Encourage children to discuss their questions and concerns.

Explain it is normal that they may experience different reactions and encourage them to talk to teachers if they have any questions or concerns.

Provide information in an honest, age-appropriate manner.

# Basic Principles we are using

- Thermal Scanning on entry for all students and visitors
- Daily disinfection and cleaning throughout the nursery
- Regular hand washing and use of hand sanitizer
- Reduced capacity with low teacher to student ratios
- Use of disposable gloves and masks
- Staff have training and basic information about coronavirus disease (COVID-19), including its symptoms, complications and how to prevent transmission.
- Stay informed about COVID-19 through reputable sources such as national health ministry advisories. Be aware of fake information/myths that may circulate by word-of-mouth or online.
- Sick students, teachers and other staff are not permitted at the nursery
- Students with pre-existing medical conditions will not be accepted at this time due to the higher risks involved

# Drop off/pick up Procedure

- Only one parent may enter the facility to drop off/pick up their child
- Parents will be given a specific time for arrival – please try to stick to this to avoid large crowds
- Parents should stay no longer than 10 minutes in the centre
- Personal meetings will only be allowed with prior appointments
- Shoe covers must be used to enter the nursery.
- Temperatures will be checked at the door and the nurse will ask questions about any symptoms, if you have had any visitors, etc. Please help us to keep everyone safe by answering the questions truthfully each time.

# Lunchboxes and Bags

- Lunchboxes must be small enough to fit in the cubbie – no trolley bags
- Plastic lunchboxes are preferred to help surfaces to stay clean
- No food is shared with other students
- Please send in food that your child can eat themselves to avoid extra contact with staff members.
- Food will not be heated up.
- To keep food cold it is recommended to use a cold pack

# Procedures for unwell students

- Make sure that the nursery has up-to date details and emergency contacts.
- If you, your child or any family member has visited a hospital you should inform the nursery
- The manager will inform if your child shows any symptoms while within the nursery
- If there is 1 case of Covid19 in the nursery, it will close for 14 days and will open only after all staff have a negative test
- If more than 1 case is detected, the nursery will close completely. It will only open again after approval from Ministry of Health
- You must inform the nursery if your child is unwell
- If any member staying in your home has been diagnosed with Covid19, your child must stay at home
- Students showing symptoms in the nursery may need to be referred directly to a health facility, depending on the situation/context, or sent home.

# Advice for Parents

- Keep children in school/nursery when healthy. If your child isn't displaying any symptoms such as a fever or cough it's best to keep them in school – unless a public health advisory or other relevant warning or official advice has been issued affecting your child's school/nursery.
- Instead of keeping children at home, teach them good hand and respiratory hygiene practices for school and elsewhere, like frequent hand-washing, covering a cough or sneeze with a flexed elbow or tissue, then throwing away the tissue into a closed bin, and not touching their eyes, mouths or noses if they haven't properly washed their hands.

# Advice for Parents

Children may respond to stress in different ways. Common responses include having difficulties sleeping, bedwetting, having pain in the stomach or head, and being anxious, withdrawn, angry, clingy or afraid to be left alone. Respond to children's reactions in a supportive way and explain to them that they are normal reactions to an abnormal situation. Listen to their concerns and take time to comfort them and give them affection, reassure them they're safe and praise them frequently.

If possible, create opportunities for children to play and relax. Keep regular routines and schedules as much as possible, especially before they go to sleep, or help create new ones in a new environment. Provide age-appropriate facts about what has happened, explain what is going on and give them clear examples on what they can do to help protect themselves and others from infection. Share information about what could happen in a reassuring way.

For example, if your child is feeling sick and staying at home or the hospital, you could say, "You have to stay at home/at the hospital because it is safer for you and your friends. I know it is hard (maybe scary or even boring) at times, but we need to follow the rules to keep ourselves and others safe. Things will go back to normal soon."

# Checklist for Parents

1. Encourage your children to ask questions and express their feelings with you and their teachers. Remember that your child may have different reactions to stress; be patient and understanding.
2. Prevent stigma by using facts and reminding students to be considerate of one another
3. Monitor your child's health and keep them home from school if they are ill
4. Teach and model good hygiene practices for your children
5. Wash your hands with soap and water frequently. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty
6. Cough and sneeze into a tissue or your elbow and avoid touching your face, eyes, mouth, nose
7. Coordinate with the nursery to receive information and ask how you can support the nursery in keeping everyone safe

# Work for the future

We can work together to enable our children to get back to a new norm of education.

**We can do this!**